Trauma Education:

Treating PTSD and Complex Trauma presented by Dr Leah Giarratano (click for biography)

Leah is a doctoral-level clinical psychologist and author with vast clinical and teaching expertise in CBT and traumatology since 1995

A highly regarded trauma focused program for all mental health professionals. Offered in Australia and New Zealand and internationally as a self-paced online (home-study) program, face-to-face learning, or via a 4-day livestream

Trauma Education: Day 1 – 4 overview (click for detailed narrative)
Learn best-practice treatment for PTSD and Complex PTSD. This program synthesises practical approaches from several modalities that are publishing positive outcomes for these clients, and presents them using actual cases that will underpin your clinical practice in traumatology. The content is applicable to both adult and adolescent populations. The techniques will be immediately relevant in your clinical practice. The program will explain when exposure-based interventions are indicated and appropriate, and when other therapeutic needs must be addressed first.

Day 1-2 is dedicated to treating PTSD clients utilising a cognitive behavioural approach. Day 3-4 is dedicated to the treatment of Complex PTSD (survivors of child abuse and neglect/ developmental trauma) incorporating current experiential techniques showing promising results with this population; drawn from Emotion Focused Therapy for trauma, Metacognitive Therapy, Schema Therapy, Attachment pathology treatment, Acceptance and Commitment Therapy, Cognitive Behaviour Therapy, and Dialectical Behaviour Therapy (click for learning objectives)

Click for upcoming online offerings
Self-paced online (home study) commencing on delivery of printed materials or on 1 February, 1 April, 1 July, or 1 October annually when you pre-register.

19-20 + 26-27 March 2026 Livestream 9am-5pm AEDT for Oceania/Asia
7-8 + 14-15 May 2026 Livestream 9am-5pm CDT for North America
18-19 + 25-26 June 2026 Livestream 9am-5pm AWST for Perth/Asia
3-4 + 10-11 September 2026 Livestream 9am-5pm NZST for Oceania
17-18 + 24-25 September 2026 Livestream 9am-5pm BST for UK/Europe
19-20 + 26-27 November 2026 Livestream 9am-5pm AEDT for Oceania/Asia

Day 1-4 Online Fee $1,390 Australian Dollars (click for summary of inclusions)

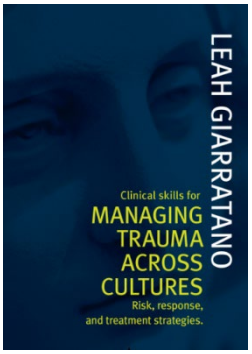
Livestream: The four days are split into two days one week apart (9am-5pm with three breaks 15-30 minutes). Livestream is highly interactive with breakout groups and include three-months of complimentary access to self-paced online to consolidate learning.

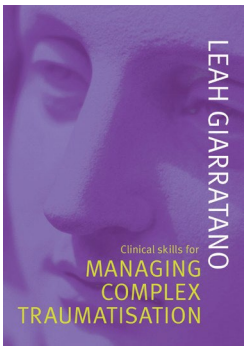
Self-paced online Engaging three months access. Not a recording of a past live event. Includes access to one of our scheduled Day 1-4 livestreams within 12 months.

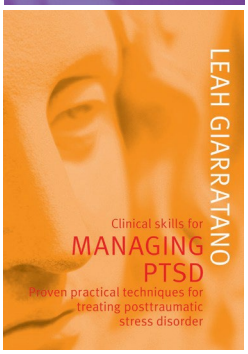
Both online modes include 4 optional trauma case studies after completing the program to apply the Day 1-4 skills to real cases and improve your trauma case formulations. This optional component (click for details) attracts 12 CPD/ CE Credits.

Total time commitment is: 30 or 42 CPD/CE hours. (click for CPD/ CE details)

Please visit www.talominbooks.com for detailed information about this program or contact us with your questions. Also, watch Leah present an overview of Day 1-4.







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